Executive Proclamation

State of South Dakota

Office of the Governor

Whereas, Cardiovascular diseases are the nation's leading cause of death, accounting for one out of three deaths nationwide; and,

Whereas, More than 40 percent of the United States adult population is projected to have some form of cardiovascular disease by 2030, with direct and indirect costs exceeding $1 trillion annually; and,

Whereas, The research is clear there are preventive strategies, such as eating nutritious, healthy foods, and eating only enough to meet energy needs, that can increase survival rates from cardiovascular diseases; and,

Whereas, Making the right choices relating to proper nutrition, physical activity, and other healthy lifestyle choices are essential to living a heart healthy life; and,

Whereas, The American Heart Association's 2020 impact goal seeks to improve the cardiovascular health of all Americans by 20 percent in order to reduce deaths from cardiovascular diseases and stroke by 20 percent; and,

Whereas, The American Heart Association created National Eating Healthy Day to help companies keep their employees healthy, which will help both their company and our country improve cardiovascular health:

Now, Therefore, I, Dennis Daugaard, Governor of the state of South Dakota, do hereby proclaim November 6, 2013, as

EATING HEALTHY DAY

in South Dakota.

In Witness Whereof, I have hereunto set my hand and caused to be affixed the Great Seal of the state of South Dakota, in Pierre, the Capital City, this Twenty-ninth Day of October in the Year of Our Lord, Two Thousand and Thirteen.

Dennis Daugaard

Dennis Daugaard, Governor

Attest:

Patricia K Miller Deputy

Jason M. Gant, Secretary of State